

Learning Unlimited

SPRING 2025 PROGRAM



Movement Church 65 Lansdowne Ave. Woodstock

Learning Unlimited (Oxford), founded in 1982, owes its existence to Eva Latham (1909-1990). She believed that “using the mind preserves it” and that older people need educational stimulation if they are to stay active in the community. That belief is still here today.

In 2022, Learning Unlimited (Oxford) became a program of South Gate Centre, part of whose mission is to promote wellness to fill one’s mind, body and soul.

10:30 AM	MARCH 19	1:15 PM
MEDICAL ASSISTANCE IN DYING: AN OVERVIEW Julie Campbell – London This presentation will provide the history of MAID in Canada, an overview of current MAID eligibility criteria, discuss current trends and statistics and finally illustrate the power of patient stories.	STRATFORD MISSION DEPOT (Recycling Medical Donated Supplies) Jean Aitcheson – C.M. (R.N. retired) A small group from Stratford has been sourcing medical and personal supplies to be shipped to disaster areas around the world for 30 years. Jean was recently invested as a Member of the Order of Canada for this work.	
10:30 AM	MARCH 26	1:15 PM
SO THEY CAME: YOUNG MEN FARMERS Elaine Becker – Woodstock Young men left family and country to begin a new life in Canada. The Boy Farmers program was an immigration scheme of The Salvation Army’s.	COYOTES: THE MISUNDERSTOOD PREDATOR Paul Gains – Cambridge Wildlife photographer Paul Gains will present dozens of photographs and introduce the coyote as a remarkable and resilient member of the canid family.	
10:30 AM	APRIL 2	1:15 PM
BATMAN RETURNS – MORE BATS, MORE SCIENCE AND A LITTLE A.I. Dan Riskin – Toronto Dan Riskin, CTV’s Science guy, the former host of Daily Planet on The Discovery Channel and author, will tell us a few funny stories from across the world of science, including a bit about A.I.... and of course, bats!	CANADA’S THIRD INDIGENOUS PEOPLE Dana Robbins – Hamilton Dana Robbins, president of the Clear Waters Métis Council of the Métis Nation of Ontario will present a personal reflection on the history of the Métis nation. Dana is a retired media executive who loves the peace and quiet of mostly solitary walking and kayaking.	
10:30 AM	APRIL 9	1:15 PM
THE GIFT OF LIFE Lila Penner – Woodstock Lila is a member of Learning Unlimited and an active member of the program committee. She will share her lived experience of Organ and Tissue Donation in Ontario, Transplantation, Donor Awareness and Donor Appreciation.	STORIES MATTER: CONNECTING, INSPIRING AND LEAVING A LEGACY Doug Wilson – Kitchener Doug will share stories and wisdom; from life growing up on the farm, building an iconic Ontario Tourist Attraction and a transformative walk from Guelph to Goderich on the G2G Trail with his wife Lynda.	

AM Session: 10:30 am to 11:45 am

PM Session: 1:15 pm - 2:30 pm



SOUTH GATE CENTRE
FOR ACTIVE ADULTS

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10:30 AM	APRIL 16	1:15 PM
CANADIANS IN THE BATTLE OF BRITAIN Ted Barris – Uxbridge In the summer of 1940, as the German Luftwaffe sought to destroy the Royal Air Force, gain air superiority, and invade the British Isles, Commonwealth fighter pilots - including over 300 Canadians - scrambled from U.K. airfields day after day to thwart Hitler's plan.	INNOVATING FOR PEOPLE INSTEAD OF PROFIT Carrie (Seward) Wright – Kitchener-Waterloo (Ingersoll native) Social innovation is about new solutions to challenges that affect people and communities. Carrie will share examples of big and small initiatives that are making a positive impact and give tips on how anyone can make a positive contribution.	
10:30 AM	APRIL 23	1:15 PM
OPERATION SHARING Tim Dukes – Woodstock Tim will discuss what Operation Sharing does, all of its programs and where he is trying to take this vital Woodstock organization.	LAWN BOWLING THROUGH THE AGES Carl & Lorraine McLean and Fred Ericson – Woodstock The origins and history of lawn bowling to the present day. A brief history of the Woodstock Lawn Bowling Club and what is happening today.	
10:30 AM	APRIL 30	1:15 PM
AUTISM DOG SERVICES Adele Alfano (with service dog and puppy raiser) – Stoney Creek Fund Development Manager Adele Alfano will share how Service Dogs change lives and make a meaningful difference for children and adults with autism.	WOODSTOCK'S UNHOUSED POPULATION Jerry Acchione – Woodstock As Woodstock grows, so do big-city challenges, including supporting our unhoused population. The Mayor's Task Force for Social Wellbeing, and the new partnership with Oxford County, is taking bold steps to address this issue, ensuring no one is left behind.	
10:30 AM	MAY 7	1:15 PM
HOW TO WRITE YOUR LIFE STORY! Helen Dowd & Joy Henhoeffler– St Mary's Operation Organize Inc. has been writing seniors' life stories since 2021! They are going to pass along tips so we can each write our own!	GREAT MUSIC OF THE 50'S & 60'S Norm Shaver & Wayne Wilkinson – Two of a Kind – Guelph & Paris Norm & Wayne formed "TWO OF A KIND" in 2000 after deciding their love of those 50-60's songs had to be played again. They have played on and off in various bands since 1965.	

Lunch

Purchase your 8 meal package in advance for the price of \$80 (Daily Cost will be \$12).

This will include your choice: 1) **Hot Meal** or 2) **Soup/Sandwich**. All meals include homemade desserts or fruit cup.

OR

Order lunch between 9:30 am - 10:30 am the day of the session.

1) Date	Entrée
March 19	Beef Lasagna (with veg and gluten free option)
March 26	Chicken Pot Pie
April 2	Pork loin
April 9	Beef chili con carne
April 16	Pizza (Hawaiian/Vegetarian/Pepperoni)
April 23	Ham & Scalloped Potatoes
April 30	Hamburger w/ Summer Salad
May 7	Chicken Spinach Mandarin Feta Salad w/ Bakery Bun

2) Soups and Sandwiches
 Assorted meat and vegetarian options will vary weekly.

Protect the Environment - Bring your own cup/glass! No outside food, special consideration only.

REGISTER ONLINE <https://bit.ly/4b6KwmF> or at South Gate Centre.